

All About The Woman Men Adore and Never Want to Leave

From Mimi Tanner:

A Three-Part Discussion

All About  
The Woman Men  
Adore and Never Want  
To Leave

Discussion of Books by Bob Grant,  
LPC

Including Comments by Readers

This Booklet is Protected Under Copyright Law.

This is a Special Edition for the  
Readers of Mimi Tanner.

Bob Grant's Books Include:

[www.thewomanmenadore.com](http://www.thewomanmenadore.com)

[www.bringyourloveback.com](http://www.bringyourloveback.com)

[www.husbandcantresist.com](http://www.husbandcantresist.com)

Copyright © 2006 – 2016 All Rights Reserved

A Three-Part Discussion

All About  
The Woman Men  
Adore and Never Want  
To Leave

Part 1:  
Putting Your Own Heart First  
To Win His Adoration

"No man is a match for a woman who puts her heart first," says author Bob Grant!

So how do you enter the secret world of a man's heart?

It's by discovering how to put your own heart first, says counselor Bob Grant.

"Men by their nature WANT to take care of women. It's true!" Bob tells us.

"When a woman allows her man to take the lead, she is actually using his natural tendencies to please her, because the ultimate joy for a man is in making the woman he has chosen happy.

## All About The Woman Men Adore and Never Want to Leave

"If he feels he can make you happy rather easily, he is more likely to try harder to please you," says Bob Grant.

"Often a woman's self-sufficiency gives him the impression that she does not want him to protect and cherish her.

"One way to describe this difference is the two hearts. A woman's heart, on the inside, is very tender. It is sensitive and empathetic.

"However, I have seen women whose hearts were broken, who recover in half the time it would take most men.

"A man's heart is totally different. The inside of a man's heart is even more sensitive than a woman's. Around his heart are walls of steel, like doors that slide open and shut, and only open for special occasions. These doors open when he is interacting with his children or the woman he loves, or perhaps in a spiritual moment.



"When those doors are open, a man is extremely vulnerable. During those vulnerable times, if someone hurts him or makes fun of him, those doors shut up very quickly.

"This is why men do not like to open up much - it's just too scary. When a man's heart is injured, he does not have the recuperative power most women do."

"I want to tell you a secret that may sound silly, but will give you more influence with men than you have ever imagined. It's one of the most important aspects of listening to your heart, and it's this:

"A woman who puts her heart first can never be shamed. A man can't make an insult stick, or bully you into a behavior, when you decide to let your heart be the final judge of your actions and intentions.

"How exactly does she learn to put her heart first?

"Most women, when they hear that phrase, have the impression that I am telling them to be more selfish, and that could not be farther from the truth.

## All About The Woman Men Adore and Never Want to Leave

"What I am advocating is that when a woman learns to put her heart as the first priority - ahead of her man - no man will be able to compete with her.

"If her man is rude and tells her she is being mean and horrible, it does not matter. Her heart will tell her otherwise, and she simply responds, 'No, I am not.' She knows it's not true.

"It affects her the same way you would respond if someone said you were eight feet tall. Such a statement is so far from the truth that you don't have to argue; after all, what would be the point in trying to disprove something that was so obviously false?

"If he tries to 'guilt' her into something, and her heart comes first, she will not respond. His guilt does not affect her because she trusts her intentions.

"A woman who has learned to put her heart first, and listens to it, will actually be a blessing to her man....

"Men will go to great depths to win such a woman's heart... The women who seem to have men falling all over them understand this principle," says author Bob Grant.

Bob Grant tells women exactly how to become this woman who puts her heart first as part of his best-selling book

"The Woman Men Adore and Never Want to Leave" at

[www.thewomanmenadore.com](http://www.thewomanmenadore.com)

Bob describes in his book how you can enter the secret world of a man's heart by discovering how to put your own heart first.

NEXT:

## Part 2: The Powerful Urge To Make Your Man's Life Better

Copyright © Mimi Tanner  
Book Excerpts Copyright © Bob Grant LPC

## Part 2: The Powerful Urge To Make Your Man's Life Better

When a woman is in love with a man, she can feel fully "in tune" with him - and love that feeling of knowing him deeply.

Bob Grant says that a woman can have a powerful urge to act on this feeling of being in tune with her man - by doing things to make her man's life better.

Here's a brief excerpt about this from Bob's book about getting the love back in your relationship:

[www.bringyourloveback.com](http://www.bringyourloveback.com)

"All her intuition is focused on 'What can I do to be helpful to him?'

"She is also more likely to become attuned to his wishes and his moods. She might anticipate what he wants.

"This is an empathetic skill that few men master - or, to be honest, really even want to.

"It might seem that men would appreciate this characteristic and never want to leave [a woman like this]. After all, what could be better than having a woman in your life who is trying to please you?

"For a man, the problem arises when a woman overuses this gift."

From Mimi Tanner:

For women, often 2 things are taking place which make them think that a man should respond to them the same way they feel about him:

## All About The Woman Men Adore and Never Want to Leave

1. The sheer power of their feelings
2. The fact that they feel they know the man so deeply

For a woman, the feelings are so very strong, and it seems certain that their guy would respond lovingly and gratefully to so much love...

But all too often, a woman has taken the relationship much farther in her mind than a man has - yet. This leads to being frustrated, hurt, and confused when a man does not respond.

Things get even more upsetting when this same man may take up with a new girlfriend or wife who appears to not care one bit about his needs. So why is he madly in love with her, after all you did, and after how well you know him - and she doesn't?

This may have happened to you - or to friends of yours.

What's wrong with this picture? Should you deny those glorious feelings of wanting to show your love, of wanting to give? No - that would be denying yourself.

The key is to know how soon and how much to give. You also need to know how to give so that men can receive your giving, instead of becoming distant when you give.

An email I received yesterday said in part:

"Dear Mimi,

"I was that woman. I tried to please my guy too fast and too soon, and I did everything under the sun for him, even lent him money to pay for bills and help him..."

--"Lacey" (not her real name)

Dear Lacey, Your giving nature can be an asset in the right situation and at the right time. But just as you already realize, trying to give so much in order to win his love just backfires.

## All About The Woman Men Adore and Never Want to Leave

You don't want to cause a man to see you as desperate and willing to do anything just to keep him around. Hang in there and keep reading - in time and with lessons like the one you've experienced, you'll soon have instincts which will protect your heart (and your wallet).

Men respect a woman who takes care of herself - in every way.  
Thanks for sharing this.

From another reader:

"Dear Mimi,

"This one is me: too much giving. It's not that I do it for him to love me more or to keep him; it's always been me since I was a little girl. I love to share and give to anyone for a reason and for no reason."

--"Darla"

Dear Darla,

Thanks for that email. Giving is important to me too. We women need to take time to examine how we give, when, and how things work out for us when we give. One of the most important ways to make giving work is to choose your recipient wisely, whether we're talking about men or any other situation.

Thanks to Bob Grant for sharing with us part of his book, which you can read more about here:

[www.bringyourloveback.com](http://www.bringyourloveback.com)

NEXT:

### Part 3: Understanding What Went Wrong – And What To Do Now

## Part 3: Understanding What Went Wrong – And What To Do Now

When a breakup happens, many women start doing one thing - thinking, and thinking some more. They try to figure out why the breakup happened.

Counselor Bob Grant says that women do not need to do this - that their first effort should NOT be to try to figure out why a breakup happened.

Bob says to focus on getting back together, and that WHEN you are back together, that will be the time to address the cause of the breakup.



Surprised to hear that? Here is what Bob says:

"Dealing with exactly why the breakup occurred isn't necessary until the relationship is established again, and the man feels safe enough to share and to explore those feelings and reasons."

Bob Grant is an expert on why men REALLY break up with someone and what that process is. Women think it's something they said or did - Bob says "no" to that idea.

Bob's unique take on the topic of How To Get Your Man Back is here:

[www.bringyourloveback.com](http://www.bringyourloveback.com)

Bob Grant, a counselor and author of "The Woman Men Adore" talks to many men and women who are going through a divorce. He advises that the first few months after a divorce or breakup are NOT the time to try and figure out what went wrong.

"The first and most critical step is to allow yourself time to heal. DON'T isolate yourself. If you did, it would be impossible for others to support you.

"The first 6 months to a year after a divorce are hard enough, so don't make it worse. Force yourself to rise from your sorrow if you have to. Get out there and spend time around caring people - now more than ever."

Bob says that we may discover that we are always secretly drawn to men who expose areas in our lives that we need to work on. "They push your buttons," Bob says. "The men you date or marry will expose your unresolved issue - always."

Take this example: Susan just got divorced. Her husband always expressed anger by yelling. This made her feel out of control. Susan now swears that she will never again marry a man who yells.

"Within 2 years, Susan meets and marries Jeff. Jeff never gets angry. Problem solved - right? No. Jeff gets angry like everyone else, but when he's angry, he becomes silent. Susan finds that this silence brings about the same panic in her that her first husband's yelling did," says Bob.

"Has she made a bad choice with Jeff? No, but she has to deal with those feelings of being out of control. The situation forces her to deal with those feelings. If she blames Jeff for her unhappiness, she is destined to divorce again."

## All About The Woman Men Adore and Never Want to Leave

Bob has hope for the pain of lost love: "To fully rise from the pain of a breakup, the final stage of healing is so simple yet most people miss it:

"Forgive yourself, and forgive your ex. Forgive yourself for all the things you could have done. Forgive your spouse for everything you wish he had done.

"Make the decision to move on and leave the past behind, no matter what it is. That is the final step in emerging from a divorce or breakup."

--Bob Grant, LPC, author of "How Can I Get Him Back"

[www.bringyourloveback.com](http://www.bringyourloveback.com)



NEXT:

## Comments from Readers of Bob Grant's Books

## Comments from Readers of Bob Grant's Books

I'm Mimi Tanner, the author of several books on relationships, and in my daily email column, I frequently refer to Bob Grant's advice. Bob Grant shares both a man's point of view, and a therapist's insight.

Over the years, the books I have come to wholeheartedly recommend are very, very few. But Bob Grant's books have my highest recommendation to revolutionize your relationships with the men in your life - whether you are married or single.



This book is one to take your time with and to refer back to again when you need specific insights. I recommend that you read it with an open mind, knowing that this is from a man's point of view, who is speaking frankly about how men think.

After reading this book, you definitely will have a greater understanding of men than you had before you started reading this book. I know I do.

The feedback I've received from the people who have gone on to read this book has been overwhelming and very consistent - this information has changed lives.

## All About The Woman Men Adore and Never Want to Leave

Here are just some of the emails I have received over the past 5 years from women who wanted to tell me their experiences after reading Bob Grant's books.

---

"Hi Mimi,

"I was in a sticky situation this weekend with my boyfriend - we have just got back together for the second time to try and make things work.

All was going well but then I lost it on Saturday because something he said or didn't say set me off.

I now realize it was all the resentment building up inside me - things which happened in the past that I didn't bring up for fear of being the 'witch' or 'nag' and yet they have been festering inside me all this time.

"This happened just before I started the book you told me about. Of course I called my boyfriend back and 'blew a fuse' to which he became defensive and was at a complete loss as to what was going on with me!

"Before he called me again, I bought Bob Grant's book. I can't tell you how much the book made sense and I used what I had learned in those few hours before I talked to my boyfriend again... and what a difference!!!

"I just wanted to tell you that now I am almost halfway through it now and cannot believe how well it works!

"It works like a charm, so well in fact I was surprised how my boyfriend tried to make things up to me! I followed Bob Grant's advice - to expose my feelings the way he describes ...and again it was great! In fact, my boyfriend has been so affectionate and clingy it's weird!!!!

"Anyway, I just wanted to say thanks for recommending this book. I would never normally buy things like this from the internet. I am already telling my girlfriends about these techniques and the book.

"Thanks again.

-- Kay"

---

"Dear Mimi, I have been reading your emails for weeks. I immediately ordered Bob Grant's book yesterday and did not put it down.

"I cried. This was the missing link I needed. Why couldn't I have the relationships that other women were enjoying?"

"The missing piece of the puzzle is vulnerability and the courage to speak from my heart. Let me tell you how the last 24 hours have changed for me.

1.) I decided I'd wear heels and a skirt today; I wanted to embrace my feminine side. I do walk and act differently when dressed like this! The heads were definitely turning.

2.) I decided to wear makeup and smile more! This makes all the difference in the world in how men notice me.

HOLD IT - Here is the best part!

3.) I went out to lunch with a male friend of mine who likes me but also keeps his distance, probably because I act so hard or guarded. But today, over lunch, he made a comment of me being jealous about a mutual friend's relationship.

"Instead of just burying how that hurt me, and shutting down... instead of being snippy, and short with him to punish him for saying that... I did something different. I spoke from my heart.

"I lowered my eyes, and in a soft, slow voice I said, 'You know, that really hurt my feelings. I'm not jealous of her relationship. That's not something I would be upset about.'

"And do you know he immediately apologized, got a little tongue-tied even, and then put his arms around me to give me a hug!

## All About The Woman Men Adore and Never Want to Leave

"And I INSTANTLY felt better, whereas before, I would have been angry and not spoken to him for the rest of the day. Before, I would have just harbored resentment and built up an emotional wall.

"So then it all clicked: If you want men to embrace you, treat you like a woman, get the love you want so much, have the courage to speak from your heart. Tell them when you're hurting in a slow soft voice.

"It makes all the difference in the world, and ultimately draws men near to you. LITERALLY he rushed to grab me! And I felt so much happier and closer to him.

"The missing piece that Bob Grant gives made me cry when I read it. It is sure to affect other women the same way."

-- "Jennifer"

---

"I just wanted to say that it is so true about being the 'woman of our dreams' - it really does work. I have gone through a recent divorce of 17 years and thought that the world had ended. I decided to rise above it all and become what I had always dreamed of becoming and now... I am on my way."

-- "Gillian"

---

"I read 'The Woman Men Adore' just yesterday and it has already changed my life and quite possibly saved a precious relationship that I was unknowingly about to sabotage.

"My beloved and I are going through a bad patch and we are also separated geographically at the moment (due to other factors). I was about to send one of those emails I'm sure all you ladies are familiar with, where I lay out exactly what is bugging me and why with great care and detail, calling up every problem that's occurred over the past year. Wrong, wrong, WRONGO!

## All About The Woman Men Adore and Never Want to Leave

"I am finally getting wise enough to listen to my little voice and it told me to save that email as a draft and read Bob Grant's book before I sent it.

I am glad I did. I only wish I had read his book a year ago, we probably would not even be in this place.

"If you love your guy but you both seem to be miscommunicating, this is for you. If you have been afraid of expressing your needs because you don't want to be a nag, this is for you. If you don't know how to distinguish between following your feelings and being a victim of impulse, this is for you.

"Thank you, Mimi, for recommending this. I never would have found it without your link."

--T.

---

Thanks so much to those women who wrote me to share with us these true stories from their lives.

Find out how you can enter the secret world of a man's heart by discovering how to put your own heart first.

Go to "How to be the Woman Men Adore and Never Want to Leave"  
- by Bob Grant LPC

[www.thewomanmenadore.com](http://www.thewomanmenadore.com)

With love,  
Mimi Tanner  
Author of "Man Mistake Eraser - How To Regain A Man's Interest"  
[www.manmistakeeraser.com](http://www.manmistakeeraser.com)

Books By Bob Grant:

[www.thewomanmenadore.com](http://www.thewomanmenadore.com)

[www.bringyourloveback.com](http://www.bringyourloveback.com)

[www.husbandcantresist.com](http://www.husbandcantresist.com)

